

LISD School Health Advisory Council

Minutes for January 15, 2025

I. **Call to Order**- called to order at 6:07pm

II. **Approval of Minutes**

A. A motion was made, all approved.

III. **Child Nutrition Menu Offering**

A. Cheesy street corn chowder and smart snacks in comparison to the store bought version such as Pop tarts, Cheetos, Doritos were sampled which are being served at all grade levels.

IV. **Old Business**- Director of Digital Learning, Dr. Jonas Green, recapped the December Presentation

A. LISD Current Information on LISD Student Technology Use - Highlights included:

- a) TEA Screen Time Guidelines and recommendations for body positioning
- b) frequency of breaks, review of the 5 guiding questions
- c) Focused Learning vs unstructured time explaining why screen usage is required; ie, STAR testing, textbooks
- d) Controls parents can place on district devices and the various services that protect content and security of information.

V. **New Business**

A. **Sub-Committee Breakout Session, Screentime**

- a) Pre-K - 3rd Grade ES
- b) 4th - 5th Grade ES
- c) Middle School

B. **Sub-Committee Report Out** - Each team shared their responses to questions three - five.

VI. Adjourned @ 7:10pm

Next Meeting: March 26th, 2025